

## St John Henry Newman Catholic Primary School Skills Progression Mapping DT

CORE SKILLS OVERVIEW				
Prime Areas	Skills Knowled			
Structures	Design	Make	Evaluate	Technical
Mechanisms	Design	Make	Evaluate	Technical
Electrical Systems	Design	Make	Evaluate	Technical
Nutrition	Design	Make	Evaluate	Technical
Textiles	Design	Make	Evaluate	Technical

Structures				
		Reception	YEAR 1	YEAR 2
Skills	Design	<ul> <li>Making verbal plans and material choices.</li> <li>Developing a junk model.</li> <li>Designing a junk model boat.</li> <li>Using knowledge from exploration to inform design.</li> </ul>	<ul> <li>Learning the importance of a clear design criteria</li> <li>Including individual preferences and requirements in a design</li> </ul>	<ul> <li>Generating and communicating ideas using sketching and modelling</li> <li>Learning about different types of structures, found in the natural world and in everyday objects</li> </ul>
	Make	<ul> <li>Improving fine motor/scissor skills with a variety of materials.</li> <li>Joining materials in a variety of ways (temporary and permanent).</li> <li>Joining different materialstogether.</li> <li>Describing their junk model, and how they intend to put it together.</li> <li>Making a boat that floats and is waterproof, considering material choices.</li> </ul>	<ul> <li>Making stable structures from card, tape and glue</li> <li>Learning how to turn 2D nets into 3D structures</li> <li>Following instructions to cut and assemble the supporting structure of a windmill</li> <li>Making functioning turbines and axles which are assembled into a main supporting structure</li> </ul>	<ul> <li>Making a structure according to design criteria</li> <li>Creating joints and structures from paper/card and tape</li> <li>Building a strong and stiff structure by folding paper</li> </ul>
	Evaluate	<ul> <li>Giving a verbal evaluation of their own and others' junk models with adult support.</li> <li>Checking to see if their model matches their plan.</li> <li>Considering what they would do differently if they were to do it again.</li> <li>Describing their favourite and least favourite part of their model.</li> <li>Making predictions about, and evaluating different materials to see if they are waterproof.</li> <li>Making predictions about, and evaluating existing boats to see which floats best.</li> <li>Testing their design and reflecting on what could have been done differently.</li> <li>Investigating the how the shapes and structure of a boat affect the way it moves.</li> </ul>	• N/A	<ul> <li>Exploring the features of structures</li> <li>Comparing the stability of different shapes</li> <li>Testing the strength of own structures</li> <li>Identifying the weakest part of a structure</li> <li>Evaluating the strength, stiffness and stability of own structure</li> </ul>
Knowledge	Technical	To know there are a range to different materials that can be used to make a	To understand that the shape of materials can be changed to improve the strength and stiffness of structures	To know that shapes and structures with wide, flat bases or legs are the most stable

	<ul> <li>model and that they are all slightly different.</li> <li>Making simple suggestions to fix their junk model.</li> <li>To know that 'waterproof' materials are those which do not absorb water.</li> </ul>	<ul> <li>To understand that cylinders are a strong type of structure (e.g. the main shape used for windmills and lighthouses)</li> <li>To understand that axles are used in structures and mechanisms to make parts turn in a circle</li> <li>To begin to understand that different structures are used for different purposes</li> <li>To know that a structure is something that has been made and put together</li> </ul>	<ul> <li>To understand that the shape of a structure affects its strength</li> <li>To know that materials can be manipulated to improve strength and stiffness</li> <li>To know that a structure is something which has been formed or made from parts</li> <li>To know that a 'stable' structure is one which is firmly fixed and unlikely to change or move</li> <li>To know that a 'strong' structure is one which does not break easily</li> <li>To know that a 'stiff' structure or material is one which does not bend easily</li> </ul>
Additional	<ul> <li>To know that some objects float and others sink.</li> <li>To know the different parts of a boat.</li> </ul>	<ul> <li>To know that a client is the person I am designing for</li> <li>To know that design criteria is a list of points to ensure the product meets the clients needs and wants</li> <li>To know that a windmill harnesses the power of wind for a purpose like grinding grain, pumping water or generating electricity</li> <li>To know that windmill turbines use wind to turn and make the machines inside work</li> <li>To know that a windmill is a structure with sails that are moved by the wind</li> <li>To know the three main parts of a windmill are the turbine, axle and structure</li> </ul>	<ul> <li>To know that natural structures are those found in nature</li> <li>To know that man-made structures are those made by people</li> </ul>

Structures			
		YEAR 3	YEAR 4
Skills	Design	<ul> <li>Designing a castle with key features to appeal to a specific person/purpose</li> <li>Drawing and labelling a castle design using 2D shapes, labelling: -the 3D shapes that will create the features - materials needed and colours</li> <li>Designing and/or decorating a castle tower on CAD software</li> </ul>	<ul> <li>Designing a stable pavilion structure that is aesthetically pleasing and selecting materials to create a desired effect</li> <li>Building frame structures designed to support weight</li> </ul>
	Make	<ul> <li>Constructing a range of 3D geometric shapes using nets</li> <li>Creating special features for individual designs</li> <li>Making facades from a range of recycled materials</li> </ul>	<ul> <li>Creating a range of different shaped frame structures</li> <li>Making a variety of free standing frame structures of different shapes and sizes</li> <li>Selecting appropriate materials to build a strong structure and for the cladding</li> </ul>

	Evaluate	<ul> <li>Evaluating own work and the work of others based on the aesthetic of the finished product and in comparison to the original design</li> <li>Suggesting points for modification of the individual designs</li> </ul>	<ul> <li>Reinforcing corners to strengthen a structure</li> <li>Creating a design in accordance with a plan</li> <li>Learning to create different textural effects with materials</li> <li>Evaluating structures made by the class</li> <li>Describing what characteristics of a design and construction made it the most effective</li> <li>Considering effective and ineffective designs</li> </ul>
Knowledge	Technical	<ul> <li>To understand that wide and flat based objects are more stable</li> <li>To understand the importance of strength and stiffness in structures</li> </ul>	<ul> <li>To understand what a frame structure is</li> <li>To know that a 'free-standing' structure is one which can stand on its own</li> </ul>
	Additional	<ul> <li>To know the following features of a castle: flags, towers, battlements, turrets, curtain walls, moat, drawbridge and gatehouse - and their purpose</li> <li>To know that a façade is the front of a structure</li> <li>To understand that a castle needed to be strong and stable to withstand enemy attack</li> <li>To know that a paper net is a flat 2D shape that can become a 3D shape once assembled</li> <li>To know that a design specification is a list of success criteria for a product</li> </ul>	<ul> <li>To know that a pavilions ia a decorative building or structure for leisure activities</li> <li>To know that cladding can be applied to structures for different effects.</li> <li>To know that aesthetics are how a product looks</li> <li>To know that a product's function means its purpose</li> <li>To understand that the target audience means the person or group of people a product is designed for</li> <li>To know that architects consider light, shadow and patterns when designing</li> </ul>

Structures			
		YEAR 5	YEAR 6
Skills	Design	<ul> <li>Designing a stable structure that is able to support weight</li> <li>Creating frame structure with focus on triangulation</li> </ul>	<ul> <li>Designing a playground featuring a variety of different structures, giving careful consideration to how the structures will be used, considering effective and ineffective designs</li> </ul>
	Make	<ul> <li>Making a range of different shaped beam bridges</li> <li>Using triangles to create truss bridges that span a given distance and supports a load</li> <li>Building a wooden bridge structure</li> <li>Independently measuring and marking wood accurately</li> <li>Selecting appropriate tools and equipment for particular tasks</li> <li>Using the correct techniques to saws safely</li> </ul>	<ul> <li>Building a range of play apparatus structures drawing upon new and prior knowledge of structures</li> <li>Measuring, marking and cutting wood to create a range of structures</li> <li>Using a range of materials to reinforce and add decoration to structures</li> </ul>

		<ul> <li>Identifying where a structure needs reinforcement and using card corners for support</li> <li>Explaining why selecting appropriating materials is an important part of the design process</li> <li>Understanding basic wood functional properties</li> </ul>	
	Evaluate	<ul> <li>Adapting and improving own bridge structure by identifying points of weakness and reinforcing them as necessary</li> <li>Suggesting points for improvements for own bridges and those designed by others</li> </ul>	<ul> <li>Improving a design plan based on peer evaluation</li> <li>Testing and adapting a design to improve it as it is developed</li> <li>Identifying what makes a successful structure</li> </ul>
Knowledge	Technical	<ul> <li>To understand some different ways to reinforce structures</li> <li>To understand how triangles can be used to reinforce bridges</li> <li>To know that properties are words that describe the form and function of materials</li> <li>To understand why material selection is important based on their properties</li> <li>To understand the material (functional and aesthetic) properties of wood</li> </ul>	To know that structures can be strengthened by manipulating materials and shapes
	Additional	<ul> <li>To understand the difference between arch, beam, truss and suspension bridges</li> <li>To understand how to carry and use a saw safely</li> </ul>	<ul> <li>To understand what a 'footprint plan' is</li> <li>To understand that in the real world, design, can impact users in positive and negative ways</li> <li>To know that a prototype is a cheap model to test a design idea</li> </ul>

Mechanisms					
		YE	AR 1	YEA	AR 2
		Unit 1	Unit 2	Unit 1	Unit 2
Skills	Design	<ul> <li>Explaining how to adapt mechanisms, using bridges or guides to control the movement</li> <li>Designing a moving story book for a given audience</li> </ul>	<ul> <li>Designing a vehicle that includes wheels, axles and axle holders, which will allow the wheels to move</li> <li>Creating clearly labelled drawings which illustrate movement</li> </ul>	<ul> <li>Selecting a suitable linkage system to produce the desired motions</li> <li>Designing a wheel Selecting appropriate materials based on their properties</li> </ul>	<ul> <li>Creating a class design criteria for a moving monster</li> <li>Designing a moving monster for a specific audience in accordance with a design criteria</li> </ul>

	Make	Following a design to create moving models that use levers and sliders	Adapting mechanisms	<ul> <li>Selecting materials according to their characteristics</li> <li>Following a design brief</li> </ul>	<ul> <li>Making linkages using card for levers and split pins for pivots</li> <li>Experimenting with linkages adjusting the widths, lengths and thicknesses of card used</li> <li>Cutting and assembling components neatly</li> </ul>
	Evaluate	<ul> <li>Testing a finished product, seeing whether it moves as planned and if not, explaining why and how it can be fixed</li> <li>Reviewing the success of a product by testing it with its intended audience</li> </ul>	Testing mechanisms,     identifying what stops wheels     from turning, knowing that a     wheel needs an axle in order     to move	<ul> <li>Evaluating different designs</li> <li>Testing and adapting a design</li> </ul>	<ul> <li>Evaluating own designs against design criteria</li> <li>Using peer feedback to modify a final design</li> </ul>
Knowledge	Technical	<ul> <li>To know that a mechanism is the parts of an object that move together</li> <li>To know that a slider mechanism moves an object from side to side</li> <li>To know that a slider mechanism has a slider, slots</li> <li>, guides and an object</li> <li>To know that bridges and guides are bits of card that purposefully restrict the movement of the slider</li> </ul>	<ul> <li>To know that wheels need to be round to rotate and move</li> <li>To understand that for a wheel to move it must be attached to a rotating axle</li> <li>To know that an axle moves within an axle holder which is fixed to the vehicle or toy</li> <li>To know that the frame of a vehicle (chassis) needs to be balanced</li> </ul>	To know that different materials have different properties and are therefore suitable for different uses	<ul> <li>To know that mechanisms are a collection of moving parts that work together as a machine to produce movement</li> <li>To know that there is always an input and output in a mechanism</li> <li>To know that an input is the energy that is used to start something working</li> <li>To know that an output is the movement that happens as a result of the input</li> <li>To know that a lever is something that turns on a pivot</li> <li>To know that a linkage mechanism is made up of a series of levers</li> </ul>
	Additional	To know that in Design and technology we call a plan a 'design'	To know some real-life items that use wheels such as wheelbarrows, hamster wheels and vehicles	<ul> <li>To know the features of a ferris wheel include the wheel, frame, pods, a base an axle and an axle holder</li> <li>To know that it is important to test my design as I go along so that I can solve any problems that may occur</li> </ul>	To know some real-life objects that contain mechanisms

Mechanisms	Mechanisms					
		YEAR 3	YEAR 4			
Skills	Design	<ul> <li>Designing a toy which uses a pneumatic system</li> <li>Developing design criteria from a design brief</li> <li>Generating ideas using thumbnail sketches and exploded diagrams</li> <li>Learning that different types of drawings are used in design to explain ideas clearly</li> </ul>	<ul> <li>Designing a shape that reduces air resistance</li> <li>Drawing a net to create a structure from</li> <li>Choosing shapes that increase or decrease speed as a result of air resistance</li> <li>Personalising a design</li> </ul>			
	Make	<ul> <li>Creating a pneumatic system to create a desired motion</li> <li>Building secure housing for a pneumatic system</li> <li>Using syringes and balloons to create different types of pneumatic systems to make a functional and appealing pneumatic toy</li> </ul>	<ul> <li>Measuring, marking, cutting and assembling with increasing accuracy</li> <li>Making a model based on a chosen design</li> </ul>			

		<ul> <li>Selecting materials due to their functional and aesthetic characteristics</li> <li>Manipulating materials to create different effects by cutting, creasing, folding, weaving</li> </ul>	
	Evaluate	<ul> <li>Using the views of others to improve designs</li> <li>Testing and modifying the outcome, suggesting improvements</li> <li>Understanding the purpose of exploded-diagrams through the eyes of a designer and their client</li> </ul>	<ul> <li>Evaluating the speed of a final product based on: the effect of shape on speed and the accuracy of workmanship on performance</li> </ul>
Knowledge	Technical	<ul> <li>To understand how pneumatic systems work</li> <li>To understand that pneumatic systems can be used as part of a mechanism</li> <li>To know that pneumatic systems operate by drawing in, releasing and compressing air</li> </ul>	<ul> <li>To understand that all moving things have kinetic energy</li> <li>To understand that kinetic energy is the energy that something (object/person) has by being in motion</li> <li>To know that air resistance is the level of drag on an object as it is forced through the air</li> <li>To understand that the shape of a moving object will affect how it moves due to air resistance.</li> </ul>
	Additional	<ul> <li>To understand how sketches, drawings and diagrams can be used to communicate design ideas</li> <li>To know that exploded-diagrams are used to show how different parts of a product fit together</li> <li>To know that thumbnail sketches are small drawings to get ideas down on paper quickly</li> </ul>	<ul> <li>To understand that products change and evolve over time</li> <li>To know that aesthetics means how an object or product looks in design and technology</li> <li>To know that a template is a stencil you can use to help you draw the same shape accurately</li> <li>To know that a birds-eye view means a view from a high angle (as if a bird in flight)</li> <li>To know that graphics are images which are designed to explain or advertise something</li> <li>To know that it is important to assess and evaluate design ideas and models against a list of design criteria.</li> </ul>

Mechanisms	Mechanisms				
		YEAR 5	YEAR 6		
Skills	Design	<ul> <li>Designing a pop-up book which uses a mixture of structures and mechanisms</li> <li>Naming each mechanism, input and output accurately</li> <li>Storyboarding ideas for a book</li> </ul>	<ul> <li>Experimenting with a range of cams, creating a design for an automata toy based on a choice of cam to create a desired movement</li> <li>Understanding how linkages change the direction of a force</li> <li>Making things move at the same time</li> <li>Understanding and drawing cross-sectional diagrams to show the inner-working</li> </ul>		
	Make	Following a design brief to make a pop up book, neatly and with focu on accuracy	<ul> <li>Measuring, marking and checking the accuracy of the jelutong and dowel pieces required</li> </ul>		

		<ul> <li>Making mechanisms and/or structures using sliders, pivots and folds to produce movement</li> <li>Using layers and spacers to hide the workings of mechanical parts for an aesthetically pleasing result</li> </ul>	<ul> <li>Measuring, marking and cutting components accurately using a ruler and scissors</li> <li>Assembling components accurately to make a stable frame</li> <li>Understanding that for the frame to function effectively the components must be cut accurately and the joints of the frame secured at right angles</li> <li>Selecting appropriate materials based on the materials being joined and the speed at which the glue needs to dry/set</li> </ul>
	Evaluate	<ul> <li>Evaluating the work of others and receiving feedback on own work</li> <li>Suggesting points for improvement</li> </ul>	<ul> <li>Evaluating the work of others and receiving feedback on own work</li> <li>Applying points of improvements</li> <li>Describing changes they would make/do if they were to do the project again</li> </ul>
Knowledge	Technical	<ul> <li>To know that mechanisms control movement</li> <li>To understand that mechanisms that can be used to change one kind of motion into another</li> <li>To understand how to use sliders, pivots and folds to create paper-based mechanisms</li> </ul>	<ul> <li>To understand that the mechanism in an automata uses a system of cams, axles and followers</li> <li>To understand that different shaped cams produce different outputs</li> </ul>
	Additional	<ul> <li>To know that a design brief is a description of what I am going to design and make</li> <li>To know that designers often want to hide mechanisms to make a product more aesthetically pleasing</li> </ul>	<ul> <li>To know that an automata is a hand powered mechanical toy</li> <li>To know that a cross-sectional diagram shows the inner workings of a product</li> <li>To understand how to use a bench hook and saw safely</li> <li>To know that a set square can be used to help mark 90° angles</li> </ul>

Electrical – K	lectrical – KS2 ONLY					
		YEAR 3	YEAR 4			
Skills	Design	<ul> <li>Carry out research based on a given topic (e.g. The Romans) to develop a range of initial ideas</li> <li>Generate a final design for the electric poster with consideration to the client's needs and design criteria</li> <li>Design an electric poster that fits the requirements of a given brief</li> <li>Plan the positioning of the bulb (circuit component) and its purpose</li> </ul>	Designing a torch, giving consideration to the target audience and creating both design and success criteria focusing on features of individual design ideas			
	Make	Create a final design for the electric poster	Making a torch with a working electrical circuit and switch			
			Using appropriate equipment to cut and attach materials			

		<ul> <li>Mount the poster onto corrugated card to improve its strength and withstand the weight of the circuit on the rear</li> <li>Measure and mark materials out using a template or ruler</li> <li>Fit an electrical component (bulb)</li> <li>Learn ways to give the final product a higher quality finish (e.g. framing to conceal a roughly cut edge)</li> </ul>	•	Assembling a torch according to the design and success criteria
	Evaluate	<ul> <li>Learning to give and accept constructive criticism on own work and the work of others</li> <li>Testing the success of initial ideas against the design criteria and justifying opinions</li> <li>Revisiting the requirements of the client to review developing design ideas and check that they fulfil their needs</li> </ul>	•	Evaluating electrical products  Testing and evaluating the success of a final product
Knowledge	Technical	To understand that an electrical system is a group of parts     (components) that work together to transport electricity around a	•	To understand that electrical conductors are materials which electricity can pass through To understand that electrical insulators are materials which electricity cannot pass through To know that a battery contains stored electricity that can be used to power products To know that an electrical circuit must be complete for electricity to flow To know that a switch can be used to complete and break an electrical circuit
	Additional	<ul> <li>To understand the importance and purpose of information design</li> <li>To understand how material choices (such as mounting paper to corrugated card) can improve a product to serve its purpose (remain rigid without bending when the electrical circuit is attached).</li> </ul>	•	To know the features of a torch: case, contacts, batteries, switch, reflector, lamp, lens To know facts from the history and invention of the electric light bulb(s) - by Sir Joseph Swan and Thomas Edison

Electrical – KS	Electrical – KS2 ONLY					
		YEAR 5	YEAR 6			
Skills	Design	<ul> <li>Identifying factors that could be changed on existing products and explaining how these would alter the form and function of the product</li> <li>Developing design criteria based on finding from investigating existing products</li> <li>Developing design criteria that clarifies the target user</li> </ul>	<ul> <li>Designing a steady hand game - identifying and naming the components required</li> <li>Drawing a design from three different perspectives</li> <li>Generating ideas through sketching and discussion</li> <li>Modelling ideas through prototypes</li> <li>Understanding the purpose of products (toys), including what is meant by 'fit for purpose' and 'form over function'</li> </ul>			

	Make	<ul> <li>Altering a product's form and function by tinkering with its configuration.</li> <li>Making a functional series circuit, incorporating a motor</li> <li>Constructing a product with consideration for the design criteria</li> <li>Breaking down the construction process into steps so that others can make the product</li> </ul>	Constructing a stable base for a game Accurately cutting, folding and assembling a net Decorating the base of the game to a high quality finish Making and testing a circuit Incorporating a circuit into a base
	Evaluate	<ul> <li>Carry out a product analysis to look at the purpose of a product along with its strengths and weaknesses</li> <li>Determining which parts of a product affect its function and which parts affect its form</li> <li>Analysing whether changes in configuration positively or negatively affect an existing product</li> <li>Peer evaluating a set of instructions to build a product</li> </ul>	Testing own and others finished games, identifying what went well and making suggestions for improvement Gathering images and information about existing children's toys Analysing a selection of existing children's toys
Knowledge	Technical	<ul> <li>To know series circuits only have one direction for the electricity to flow</li> <li>To know when there is a break in a series circuit, all components turn off</li> <li>To know that an electric motor converts electrical energy into rotational movement, causing the motor's axle to spin</li> <li>To know a motorised product is one which uses a motor to function</li> </ul>	To know that batteries contain acid, which can be dangerous if they leak To know the names of the components in a basic series circuit including a buzzer
	Additional	<ul> <li>To know that product analysis is critiquing the strengths and weaknesses of a product</li> <li>To know that 'configuration' means how the parts of a product are arranged</li> </ul>	To know that 'form' means the shape and appearance of an object To know the difference between 'form' and 'function' To understand that 'fit for purpose' means that a product works how it should and is easy to use To know that form over purpose means that a product looks good but does not work very well To know the importance of 'form follows function' when designing: the product must be designed primarily with the function in mind To understand the diagram perspectives 'top view', 'side view' and 'back'

Nutrition	Nutrition					
		Reception	YEAR 1	YEAR 2		
Skills	Design	<ul><li>Designing a soup recipe as a class.</li><li>Designing soup packaging.</li></ul>	<ul> <li>Designing smoothie carton packaging by-hand or on ICT software</li> </ul>	Designing a healthy wrap based on a food combination which work well together		
	Make	<ul><li>Chopping plasticine safely.</li><li>Chopping vegetables with support.</li></ul>	<ul> <li>Chopping fruit and vegetables safely to make a smoothie</li> <li>Identifying if a food is a fruit or a vegetable</li> <li>Learning where and how fruits and vegetables grow</li> </ul>	<ul> <li>Slicing food safely using the bridge or claw grip</li> <li>Constructing a wrap that meets a design brief</li> </ul>		

Evaluate	<ul> <li>Tasting the soup and giving opinions.</li> <li>Describing some of the following when tasting food: look, feel, smell and taste.</li> <li>Choosing their favourite packaging design and explaining why.</li> </ul>	<ul> <li>Tasting and evaluating different food combinations</li> <li>Describing appearance, smell and taste</li> <li>Suggesting information to be included on packaging</li> </ul>	<ul> <li>Describing the taste, texture and smell of fruit and vegetables</li> <li>Taste testing food combinations and final products</li> <li>Describing the information that should be included on a label</li> <li>Evaluating which grip was most effective</li> </ul>
Knowledg	<ul> <li>To know that soup is ingredients (usually vegetables and liquid) blended together.</li> <li>To know that vegetables are grown.</li> <li>To recognise and name some common vegetables.</li> <li>To know that different vegetables taste different.</li> <li>To know that eating vegetables is good for us.</li> <li>To discuss why different packages might be used for different foods.</li> </ul>	<ul> <li>Understanding the difference between fruits and vegetables</li> <li>To understand that some foods typically known as vegetables are actually fruits (e.g. cucumber)</li> <li>To know that a blender is a machine which mixes ingredients together into a smooth liquid</li> <li>To know that a fruit has seeds and a vegetable does not</li> <li>To know that fruits grow on trees or vines</li> <li>To know that vegetables can grow either above or below ground</li> <li>To know that vegetables can come from different parts of the plant (e.g. roots: potatoes, leaves: lettuce, fruit: cucumber)</li> </ul>	<ul> <li>To know that 'diet' means the food and drink that a person or animal usually eats</li> <li>To understand what makes a balanced diet</li> <li>To know where to find the nutritional information on packaging</li> <li>To know that the five main food groups are:         Carbohydrates, fruits and vegetables, protein, dairy and foods high in fat and sugar     </li> <li>To understand that I should eat a range of different foods from each food group, and roughly how much of each food group</li> <li>To know that nutrients are substances in food that all living things need to make energy, grow and develop</li> <li>To know that 'ingredients' means the items in a mixture or recipe</li> <li>To know that I should only have a maximum of five teaspoons of sugar a day to stay healthy</li> <li>To know that many food and drinks we do not expect to contain sugar do; we call these 'hidden sugars'</li> </ul>

Nutrition			
		YEAR 3	YEAR 4
Skills	Design	<ul> <li>Creating a healthy and nutritious recipe for a savoury tart using seasonal ingredients, considering the taste, texture, smell and appearance of the dish</li> </ul>	Designing a biscuit within a given budget, drawing upon previous taste testing
	Make	<ul> <li>Knowing how to prepare themselves and a work space to cook safely in, learning the basic rules to avoid food contamination</li> <li>Following the instructions within a recipe</li> </ul>	<ul> <li>Following a baking recipe</li> <li>Cooking safely, following basic hygiene rules</li> <li>Adapting a recipe</li> </ul>
	Evaluate	<ul> <li>Establishing and using design criteria to help test and review dishes</li> <li>Describing the benefits of seasonal fruits and vegetables and the impact on the environment • Suggesting points for improvement when making a seasonal tart</li> </ul>	<ul> <li>Evaluating a recipe, considering: taste, smell, texture and appearance</li> <li>Describing the impact of the budget on the selection of ingredients</li> <li>Evaluating and comparing a range of products</li> <li>Suggesting modifications</li> </ul>
Knowledge		<ul> <li>To know that not all fruits and vegetables can be grown in the UK</li> <li>To know that climate affects food growth</li> <li>To know that vegetables and fruit grow in certain seasons</li> <li>To know that cooking instructions are known as a 'recipe'</li> <li>To know that imported food is food which has been brought into the country</li> <li>To know that exported food is food which has been sent to another country.</li> <li>To understand that imported foods travel from far away and this can negatively impact the environment</li> <li>To know that each fruit and vegetable gives us nutritional benefits because they contain vitamins, minerals and fibre</li> <li>To understand that vitamins, minerals and fibre are important for energy, growth and maintaining health</li> <li>To know safety rules for using, storing and cleaning a knife safely</li> <li>To know that similar coloured fruits and vegetables often have similar nutritional benefits</li> </ul>	<ul> <li>To know that the amount of an ingredient in a recipe is known as the 'quantity'</li> <li>To know that it is important to use oven gloves when removing hot food from an oven</li> <li>To know the following cooking techniques: sieving, creaming, rubbing method, cooling</li> <li>To understand the importance of budgeting while planning ingredients for biscuits</li> </ul>

Nutrition	Nutrition				
		YEAR 5	YEAR 6		
Skills	Design	<ul> <li>Adapting a traditional recipe, understanding that the nutritional value of a recipe alters if you remove, substitute or add additional ingredients</li> <li>Writing an amended method for a recipe to incorporate the relevant changes to ingredients</li> <li>Designing appealing packaging to reflect a recipe</li> </ul>	<ul> <li>Writing a recipe, explaining the key steps, method and ingredients</li> <li>Including facts and drawings from research undertaken</li> </ul>		
	Make	<ul> <li>Cutting and preparing vegetables safely</li> <li>Using equipment safely, including knives, hot pans and hobs</li> <li>Knowing how to avoid cross-contamination</li> <li>Following a step by step method carefully to make a recipe</li> </ul>	<ul> <li>Following a recipe, including using the correct quantities of each ingredient</li> <li>Adapting a recipe based on research</li> <li>Working to a given timescale</li> <li>Working safely and hygienically with independence</li> </ul>		
	Evaluate	<ul> <li>Identifying the nutritional differences between different products and recipes</li> <li>Identifying and describing healthy benefits of food groups</li> </ul>	<ul> <li>Evaluating a recipe, considering: taste, smell, texture and origin of the food group</li> <li>Taste testing and scoring final products</li> <li>Suggesting and writing up points of improvements in productions</li> <li>Evaluating health and safety in production to minimise cross contamination</li> </ul>		
Knowledge		<ul> <li>To understand where meat comes from - learning that beef is from cattle and how beef is reared and processed, including key welfare issues</li> <li>To know that I can adapt a recipe to make it healthier by substituting ingredients</li> <li>To know that I can use a nutritional calculator to see how healthy a food option is</li> <li>To understand that 'cross-contamination' means that bacteria and germs have been passed onto ready-to-eat foods and it happens when these foods mix with raw meat or unclean objects</li> </ul>	<ul> <li>To know that 'flavour' is how a food or drink tastes</li> <li>To know that many countries have 'national dishes' which are recipes associated with that country</li> <li>To know that 'processed food' means food that has been put through multiple changes in a factory</li> <li>To understand that it is important to wash fruit and vegetables before eating to remove any dirt and insecticides</li> <li>To understand what happens to a certain food before it appears on the supermarket shelf (Farm to Fork)</li> </ul>		

Textiles	Textiles					
		Reception	YEAR 1	YEAR 2		
Skills	Design	<ul> <li>Discussing what a good design needs.</li> <li>Designing a simple pattern with paper.</li> <li>Designing a bookmark.</li> <li>Choosing from availablematerials.</li> </ul>	Using a template to create a design for a puppet	Designing a pouch		
	Make	<ul> <li>Developing fine motor/cutting skills with scissors.</li> <li>Exploring fine motor/threading and weaving (under, over technique) with a variety of materials.</li> <li>Using a prepared needle and wool to practise threading.</li> </ul>	<ul> <li>Cutting fabric neatly with scissors</li> <li>Using joining methods to decorate a puppet</li> <li>Sequencing steps for construction</li> </ul>	<ul> <li>Selecting and cutting fabrics for sewing</li> <li>Decorating a pouch using fabric glue or running stitch</li> <li>Threading a needle</li> <li>Sewing running stitch, with evenly spaced, neat, even stitches to join fabric</li> <li>Neatly pinning and cutting fabric using a template</li> </ul>		
	Evaluate	Reflecting on a finished product and comparing to their design.	Reflecting on a finished product, explaining likes and dislikes	<ul> <li>Troubleshooting scenarios posed by teacher</li> <li>Evaluating the quality of the stitching on others' work</li> <li>Discussing as a class, the success of their stitching against the success criteria</li> <li>Identifying aspects of their peers' work that they particularly like and why</li> </ul>		
Knowledge		<ul> <li>To know that a design is a way of planning our idea before we start.</li> <li>To know that threading is putting one material through an object.</li> </ul>	<ul> <li>To know that 'joining technique' means connecting two pieces of material together</li> <li>To know that there are various temporary methods of joining fabric by using staples. glue or pins</li> <li>To understand that different techniques for joining materials can be used for different purposes</li> <li>To understand that a template (or fabric pattern) is used to cut out the same shape multiple times</li> <li>To know that drawing a design idea is useful to see how an idea will look</li> </ul>	<ul> <li>To know that sewing is a method of joining fabric</li> <li>To know that different stitches can be used when sewing</li> <li>To understand the importance of tying a knot after sewing the final stitch</li> <li>To know that a thimble can be used to protect my fingers when sewing</li> </ul>		

Textiles			
		YEAR 3	YEAR 4
Skills	Design	Designing and making a template from an existing cushion and applying individual design criteria	<ul> <li>Writing design criteria for a product, articulating decisions made</li> <li>Designing a personalised book sleeve</li> </ul>
	Make	<ul> <li>Following design criteria to create a cushion</li> <li>Selecting and cutting fabrics with ease using fabric scissors</li> <li>Threading needles with greater independence</li> <li>Tying knots with greater independence</li> <li>Sewing cross stitch to join fabric</li> <li>Decorating fabric using appliqué</li> <li>Completing design ideas with stuffing and sewing the edges</li> </ul>	<ul> <li>Making and testing a paper template with accuracy and in keeping with the design criteria</li> <li>Measuring, marking and cutting fabric using a paper template</li> <li>Selecting a stitch style to join fabric, working neatly sewing small neat stitches</li> <li>Incorporating fastening to a design</li> </ul>
	Evaluate	Evaluating an end product and thinking of other ways in which to create similar items	<ul> <li>Testing and evaluating an end product against the original design criteria</li> <li>Deciding how many of the criteria should be met for the product to be considered successful • Suggesting modifications for improvement</li> <li>Articulating the advantages and disadvantages of different fastening types</li> </ul>
Knowledge		<ul> <li>To know that applique is a way of mending or decorating a textile by applying smaller pieces of fabric</li> <li>To know that when two edges of fabric have been joined together it is called a seam</li> <li>To know that it is important to leave space on the fabric for the seam</li> <li>To understand that some products are turned inside out after sewing so the stitching is hidden</li> </ul>	To know that different fastening types are useful for different

Textiles			
		YEAR 5	YEAR 6
Skills	Design	<ul> <li>Designing a stuffed toy considering the main component shapes required and creating an appropriate template</li> <li>Considering the proportions of individual components</li> </ul>	<ul> <li>Designing a waistcoat in accordance to specification linked to set of design criteria to fit a specific theme</li> <li>Annotating designs</li> </ul>
	Make	<ul> <li>Creating a 3D stuffed toy from a 2D design</li> <li>Measuring, marking and cutting fabric accurately and independently</li> <li>Creating strong and secure blanket stitches when joining fabric</li> <li>Threading needles independently</li> <li>Using applique to attach pieces of fabric decoration</li> <li>Sewing blanket stitch to join fabric</li> <li>Applying blanket stitch so the space between the stitches are even and regular</li> </ul>	<ul> <li>Using a template when pinning panels onto fabric</li> <li>Marking and cutting fabric accurately, in accordance with a design</li> <li>Sewing a strong running stitch, making small, neat stitches and following the edge</li> <li>Tying strong knots</li> <li>Decorating a waistcoat -attaching objects using thread and adding a secure fastening</li> <li>Learning different decorative stitches</li> <li>Sewing accurately with even regularity of stitches</li> </ul>
	Evaluate	Testing and evaluating an end product and giving point for further improvements	Evaluating work continually as it is created
Knowledge		<ul> <li>To know that blanket stitch is useful to reinforce the edges of a fabric material or join two pieces of fabric</li> <li>To understand that it is easier to finish simpler designs to a high standard</li> <li>To know that soft toys are often made by creating appendages separately and then attaching them to the main body</li> <li>To know that small, neat stitches which are pulled taut are important to ensure that the soft toy is strong and holds the stuffing securely</li> </ul>	<ul> <li>To understand that it is important to design clothing with the client/target customer in mind</li> <li>To know that using a template (or clothing pattern) helps to accurately mark out a design on fabric</li> <li>To understand the importance of consistently sized stitches</li> </ul>